

# CARES Training for Ohio Area Agencies on Aging

May 5, 2016

Or

May 10, 2016



# Introduction

- Goals and Purpose of Initiative
  - Provide dementia specific training to all Ohio Area Agencies on Aging
  - Further collaborations and partnerships between Area Agencies on Aging, Alzheimer's Association Chapters, and Ohio Department of Aging
  - Increase referrals between Area Agencies on Aging and Alzheimer's Association Chapters
  - Initiative Timeframe – Late Spring/Early Summer 2016 – Late Spring/ Early Summer 2018
- Overview of Today's Webinar
  - Background and History
  - Implementation Activities
  - Training Overview



# Background

- How we got started
  - 2013 – One of four states to receive systems integration grant from the Administration on Community Living (ACL)
  - Provided funding toward creating a “Dementia Friendly” or “Dementia Capable” Ohio
  - Fits with National Alzheimer’s Plan – research, services, and quality



# Definition: Dementia Capable System

- Model dementia-capable Aging Network and LTSS (Long-term Services and Supports) are able to address the unique needs
  - of persons with dementia who are losing their ability to communicate and take care of themselves
  - their family caregivers who take on progressively more responsibility for managing and coping with the needs of their loved ones
- When persons with dementia or a family caregiver use the aging network or the LTSS system, they need information and programs tailored to their unique needs



# Why is dementia capability in Ohio necessary?

- By the year 2025, 25% increase of Ohioans with Alzheimer's disease
- 69% of nursing home residents have some degree of cognitive impairment
  - 51% of these individuals rely on Medicaid for care
- 28% of individuals dis-enrolled from ODA administered waivers had dx of dementia
- Delay of institutionalization stay by one month, potential savings is ~ \$6.5 million per month
- Decrease hospitalizations and ER visits



# Dementia Capable Ohio – Areas of Focus

1. Training and Education
2. Community Education and Awareness
3. Evidence-Based Programs
4. Quality Assurance



# Training and Education – Why CARES?

- HealthCare Interactive's CARES Online Dementia Training is the leading national provider of online, person-centered, dementia-care training programs
  - Internet accessible
  - Evidence-based dementia care practice – nationally recognized
  - Person-centered



# Implementation Activities

- Engagement of AAA staff and volunteers in training
- Alzheimer's Association Chapters reach out to Area Agencies by the end of May
  - Discuss and Drop off CARES packet to AAA's
- Ongoing Follow Up by Alzheimer's Association Chapters
  - Answer questions, provide assistance, assess additional needs for case conferences and training, referrals between agencies, etc.
- Participate in Technical Assistance Calls
  - Share successes and learnings



# Role of AAA Liaison

- Collaborate with Alzheimer's Association Chapters on training, case conferences, interagency referrals, etc.
- Monitor and Track AAA participation in CARES training
- Troubleshoot technical issues, questions, etc.
- Participate in periodic statewide technical assistance calls with ODA, AAA, and Alzheimer's Association Chapters



# CARES<sup>®</sup> Online Training Overview

## About HealthCare Interactive's CARES<sup>®</sup> Online Dementia Training

- A series of online, person-centered, video-based dementia-care training programs
- Videos featuring real people in real settings
- Training accessible 24 hours a day, 7 days a week and can be completed individually, in small groups, or in a classroom-style setting
- One of only 3 programs nationwide recommended by CMS

## About Alzheimer's Association essentiALZ<sup>®</sup> Individual Certifications

- An online certification program for individuals providing professional dementia care
- Tests and recognizes knowledge of the evidence-based dementia care practices promoted in the *Alzheimer's Association Dementia Care Practice Recommendations*
- All Alzheimer's Association essentiALZ<sup>®</sup> and essentALZ<sup>®</sup> Plus certifications valid for 2 years



cares<sup>®</sup>  
Dementia Basics<sup>™</sup>

- ✓ 4 modules, 4 hours of online training
- ✓ From \$24.95/person (includes certification)
- ✓ Site licenses available

Includes individual certification in:

essentiALZ<sup>®</sup>  
alzheimer's association<sup>®</sup>

Watch A Sample   Pricing   Questions?   Purchase

“ effective **PERSON-CENTERED** dementia care online training ”

- ✓ Real People in Real Scenarios
- ✓ Interactive, engaging online modules
- ✓ Incorporates evidence-based strategies
- ✓ Recommended by CMS to meet Section 6121 of ACA
- ✓ 24/7 Online access
- ✓ FREE for the AAA's, due to Grant Funding

- Introduction to Person-Centered Care
- Introduction to Dementia and Thinking Decline
- Understanding behavior as Communication
- The CARES<sup>®</sup> Approach to Dementia Care

Try it out!

[www.hcinteractive.com/testdrivecares](http://www.hcinteractive.com/testdrivecares)



Welcome to the Alzheimer's Association Training and Education Center. The Association offers a number of Alzheimer's and dementia courses available online, 24 hours a day. Please click on a course title below for more information, or use the search filters to find courses you are interested in.

For Alzheimer's and dementia training and education in Spanish, please click [here](#).



Do you provide care for people with Alzheimer's disease? Get certified today. Take our online training and certification course. Click [here](#) for more information.

[Learn More](#)

- Online, individual certification
- 40 questions testing knowledge of dementia care practices
- Based on nationally recognized Dementia Care Practice Recommendations



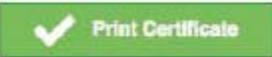
# Training Demo for AAA's

- Online Training
- Admin Portal

**Kit Eastman**

Module	Screen Completion	Screens	Time (hr:min:sec)	
			Required	Actual
✔ 1.) Meet Clara Jones	100%	12 out of 12	40 min.	00:46
✔ 2.) Intro to Dementia	100%	11 out of 11	40 min.	00:58
✔ 3.) Understanding Behavior as Communication	100%	13 out of 13	40 min.	00:42
✔ 4.) The CARES® Approach	94%	15 out of 16	40 min.	00:42


**Started:** 02/24/2014    **Total Time:** 03:36:23  
**Completed:** 02/24/2014    **Last Accessed:** 02/24/2014




 You have failed the Alzheimer's Association essentiALZ® exam twice. You need to retake this CARES program from the beginning.

**Kit Eastman**

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 Alzheimer's Association essentiALZ® exam passed  
 Certification expires December 31, 1969.





# Licensing Period/CE's

- Each Area Agency on Aging/PSA will be given a 2 year license
  - Valid for 2 years after initiating
- Certification with Alzheimer's Association essentiALZ
- CE's available for multiple disciplines from HealthCare Interactive



# Who has access to CARES?

- All Alzheimer's Association staff
- Area Agency/PSA Staff and Volunteers
- Family Caregivers (discount)
- Administrative Access
  - Training codes for participants
  - Reports

Questions?

# Contact Information

- State of Ohio

- Alzheimer's Association – Marty Williman - [mwilliman@alz.org](mailto:mwilliman@alz.org) or 419-425-5409
- Ohio Department on Aging – Treasure Miller – [tmiller@age.ohio.gov](mailto:tmiller@age.ohio.gov) or 614-902-4055