

*****DRAFT - NOT FOR FILING*****

173-4-05.3 Non-therapeutic, non-modified meal types that require special consideration.

A provider shall only provide the following non-therapeutic, non-modified meal types if the meals comply with rules 173-4-05 and 173-4-05.1 of the Administrative Code and the additional requirements under this rule.

(A) Cultural meals:

- (1) The provider may provide a cultural meal to meet the particular dietary needs arising from cultural backgrounds or beliefs.
- (2) The provider may provide any of the following categories of vegetarian diets:
 - (a) "Lacto-vegetarian diet" means a diet of only foods derived from plants and also cheese and other dairy products.
 - (b) "Ovo-lacto-vegetarian diet" means a diet of only plant foods, cheese and other dairy products, and eggs.
 - (c) "Pesco-vegetarian diet" which means a vegetarian who consumes dairy products, eggs, and fish, but does not consume other animal flesh.
 - (d) "Semi-vegetarian diet" means a diet that does not include red meat, but includes chicken, fish, plant foods, dairy products, and eggs.

(B) Frozen, vacuum-packed, cooked-chilled, or MAP meals. A provider that furnishes frozen, vacuum-packed, cooked-chilled, or MAP meals shall also comply with the following:

- (1) If the frozen, vacuum-packed, cooked-chilled, or MAP meal is intended as a second meal, the two meals served that day shall together meet two-thirds of the dietary reference intakes unless there is a need for flexibility or the consumer chooses menu options that do not comprise two-thirds of the dietary reference intakes.
- (2) The provider shall refrigerate frozen, vacuum-packed, cooked-chilled meals, and MAP meals during delivery to the consumer.
- (3) The provider shall provide written preparation instructions for the consumer.
- (4) The provider shall only furnish a frozen, vacuum-packed, cooked-chilled, or MAP meal to a consumer if the consumer's assessment stipulates that the meal is appropriate.

(C) Definitions for this rule:

- (1) "Modified atmosphere packed meal" ("MAP meal") means a prepared, pre-cooked meal that is packaged in a container into which a combination of gases (e.g., oxygen, carbon dioxide, nitrogen) are introduced at the time the container is sealed to extend the meal's shelf life and flavor.
- (2) "Vacuum packed meal" means a prepared, pre-cooked meal that is packaged in a container from which all the air is removed before the container is sealed to prolong the meal's shelf life and flavor.