

*****DRAFT - NOT FOR FILING*****

173-4-05.2 Therapeutic and modified meals.

Before a provider may offer a therapeutic or modified meal, the provider shall determine the need, feasibility, and cost-effectiveness of offering a therapeutic or modified meal by using the knowledge and expertise of a licensed dietitian. The provider shall only furnish a therapeutic or modified meal that meets the requirements of rule 173-4-05 of the Administrative Code and the following requirements:

(A) Therapeutic meals:

(1) Physician order:

- (a) The provider shall only furnish a therapeutic meal if a physician, or another healthcare professional with prescriptive authority, orders the therapeutic meal as part of a treatment of a disease or a clinical condition to eliminate, decrease, or increase certain foods or nutrients in the diet.
- (b) The provider shall only furnish a therapeutic meal if the order of a physician, or other healthcare professional, is on file with the provider or the AAA.
- (c) The AAA's case manager or the provider shall review the written order for a therapeutic meal and update the order any time the physician, or other healthcare professional, changes the order.
- (d) The provider shall assure that the therapeutic diet contains nutrients consistent with the physician's order by either utilizing nutrient analysis or by using a meal-pattern plan approved by a licensed dietitian.

(2) Dysphagia therapeutic meals:

- (a) The provider may furnish a dysphagia therapeutic meal for someone with a diagnosed neurological condition that makes oral or pharyngeal swallowing difficult or dangerous. The provider shall make the dysphagia meal with a consistency that is specific to the consumer's needs.
- (b) The physician or other healthcare professional with prescriptive authority shall order either a level-one (puréed) or level-two (chopped or ground) dysphagia therapeutic diet. The order shall include thickening agents, if required.

(3) Diabetic meals.

(B) Modified meals:

- (1) The provider shall only furnish a modified meal if the nutritional adequacy of the meal is determined by nutrient analysis or the menu pattern.
- (2) The provider may furnish a modified meal to a consumer without an order from a healthcare professional.