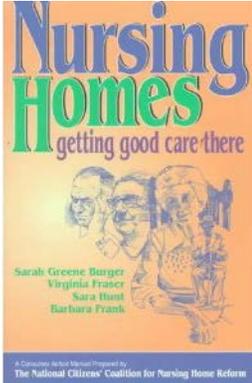


<h2 style="text-align: center;">Pressure Ulcers</h2>		<p>Pressure ulcers are painful and can lead to infection and other illnesses. They are caused by factors such as immobility, pressure on bony parts of the body – tailbone, hips, heels, elbows, shoulders.</p>	
Ask	Listen For	Learn More	My Expectations for Excellence
<p>What is the rate of pressure ulcers here?</p> <p>How do you prevent pressure ulcers?</p>	<p>“Fewer than 6% of residents have pressure ulcers.”</p> <p>“We check everyone within 24 hours of admission and at least once a week. Residents who don’t move around are checked more often.”</p> <p>“If someone has a pressure ulcer, we investigate the cause and learn from that for our prevention efforts.”</p>	<p>Read Fast Facts: Pressure Ulcers from the Advancing Excellence in America’s Nursing Homes Campaign.</p> <p>Read Preventing Pressure Ulcers: An informational booklet for patients.</p> <p>Order the free book, “Nursing Homes: getting good care there,” by e-mailing consumerguide@age.state.oh.us.</p> <div style="text-align: center;">  </div> <p>Help a nursing home better understand your loved one’s risks for pressure ulcers with the Family/Friend Worksheet and Resident Worksheet.</p>	