



Tai Chi

Local Instructor Contacts

www.steadyu.ohio.gov

County	City	Contact Person	Phone/Email
Ashland	Ashland	Lori Brohm	1-419-606-5233
Ashland	Loudonville	Jim O'Brien	1-419-994-3517
Ashland	Loudonville	Linda O'Brien	1-419-994-3517
Ashtabula		Ron Winters	1-440-261-0407
Athens	Athens	Joyce Lewis (United Seniors of Athens County, Inc.)	1-740-594-3535
Butler	Cincinnati	Ralph Dehner	ralph.dehner@juno.com
Champaign	West Liberty	Nita Wilkinson	1-937-650-7146
Columbiana	East Palestine	Barb Kliner	1-330-426-4860 1-243-855-4777 (c)
Cuyahoga	Cleveland	Pam Brackett	1-216-421-1350
Cuyahoga	Cleveland	Robert Stevenson, Jr.	1-216-421-1351
Cuyahoga	North Ridgeville	Ginger Fiscella	1-216-844-4774
Cuyahoga	Rocky River	Antoinette Horn	1-440-666-7016
Erie	Sandusky	Sarah Hopperton	1-419-626-5623, ex. 198
Fairfield	Lancaster	Margaret Quamme	1-740-652-5397
Franklin	Clintonville	Lori Candon	innernatureyoga@gmail.com
Franklin	Columbus	Welton Bailey	1-614-432-0488
Franklin	Columbus	Jackie Brown	1-614-634-1399
Franklin	Columbus	Constance Corrigan	1-419-491-0012
Franklin	Columbus	LeRoyna Edwards	1-614-377-9297
Franklin	Columbus	Darryl Green	1-614-625-8677
Franklin	Columbus	Rita Haider	1-614-388-7817
Franklin	Columbus	April Henricks	1-419-382-3429
Franklin	Columbus	Jack Holdford	1-803-319-0261 (okay to text)
Franklin	Columbus	Sheila Holdford	sheila.holdford@gmail.com
Franklin	Columbus	Thomas Krumroy	1-614-388-7096
Franklin	Columbus	Jaclyn Metro	1-614-315-8064

County	City	Contact Person	Phone/Email
Franklin	Columbus	J Poirier	1-614-437-2831
Franklin	Columbus	Linda Sohner	1-614-832-0105
Franklin	Columbus	Chrysanthi Wilson	1-937-321-1251
Franklin	Dublin	Trish Beuhring	1-614-437-2831
Franklin	Dublin	Jennifer Gleichauf	1-614-597-7537
Franklin	Gahanna	Maxine Bryant	1-614-203-9743
Franklin	Gahanna	Kathleen Moening	1-614-668-6438 kmoening@yahoo.com
Franklin	Grandview Heights	Marie Burson	1-614-746-4772
Franklin	Grandview Heights	Mandy Howenstein	1-614-668-8971
Franklin	Grandview Heights	Sally Kriska	1-614-203-7913
Franklin	Grove City	Diane Habash	1-937-374-5624
Franklin	Groveport	Scott White	1-614-579-6107
Franklin	Hilliard	Andy Burke	1-614-937-2347
Franklin	Hilliard	Stacie Nagirnyak	1-724-556-1094
Franklin	New Albany	Kathy Bowman	kabowman5@gmail.com
Franklin	Powell	Joanne Morrissey	1-614-270-1594
Franklin	Reynoldsburg	Mark Henry	1-614-866-8905
Franklin	Reynoldsburg	Eric Mills	1-614-619-8744
Franklin	Upper Arlington	Kathy Anthony	1-614-876-0478
Franklin	Upper Arlington	Jeanne Kirkpatrick	1-614-551-0557
Franklin	Upper Arlington	Reasoner Myrlyn	1-614-579-6107
Franklin	Upper Arlington	Carolyn Schmidt	1-614-774-0911
Franklin	Westerville	Shannon Kirkendall	shannonkirkendall@yahoo.com
Franklin	Westerville	Connie Kobalka	kobalka@columbus.rr.com
Franklin	Westerville	Jamie Weaver	1-614-738-1024
Greene	Xenia	Ashley Steveley	1-937-374-5624
Hamilton	Cincinnati	Ralph Dehner	ralph.dehner@juno.com
Hamilton	Cincinnati	Debra Leonard	1-419-491-0012
Hamilton	Cincinnati	Derrick Partman	1-513-584-5382
Hamilton	Cincinnati	Jennifer Woods	jenniferwoodsrd@gmail.com

County	City	Contact Person	Phone/Email
Hamilton	Cincinnati	Karen Bergen	1-513-584-5348
Hamilton	Cincinnati	Lauren Stenger	1-513-584-5382
Holmes	Millersburg	Cheryl Seabright	1-330-231-0819
Huron	Norwalk	Senior Enrichment Services	1-419-668-6245
Lake	Lake County	Libby Hill	1-440-255-7300 or 1-440-478-6697 libbysensei@gmail.com
Licking	Glenford	Holly Melick	1-740-927-9888
Licking	Newark	Rhonda Adams	1-740-973-2356
Licking	Newark	Molly Pancini	1-740-877-0499
Licking	Pataskala	April Beggerow	1-614-202-5993
Licking	Pataskala	Thom Gamertsfelder	1-614-307-7222
Logan	West Liberty	Nita Wilkinson	1-937-650-7146
Lorain	Avon	Phyllis Schoenberger	1-440-785-7743
Lucas	Maumee	Sarah Myers	1-419-878-2905
Lucas	Toledo	Zandra Anthony	1-419-383-6156
Lucas	Toledo	Kristin Calkins	1-419-383-3911
Lucas	Toledo	Dennis Hicks	1-419-213-4035
Lucas	Toledo	Patrick Kelly	patgkelly1@gmail.com
Lucas	Toledo	Douglas Lutman	1-419-351-0452
Lucas	Toledo	Sherri McNeill	1-419-382-3429
Miami	Picqua	Beth Royer-DeLong (Picqua YMCA)	1-937-773-6626
Muskingum	Zanesville	Debra K. Smith	1-740-252-0220
Perry		Margaret Quamme	1-740-652-5397
Putnam	Ottowa	Lisa Langhals	1-419-796-9641
Ross	Chillicothe	Nancy Hawkins	1-740-773-1141 ex. 6373
Ross	Chillicothe	Pamela Nichols	1-740-772-2355
Sandusky	Sandusky	Cindy Wiswesser	1-330-334-3703
Sandusky	Sandusky	Natalie Wiswesser	1-330-334-3703
Stark	Canton	Jennifer Lowry	1-330-224-1539
Summit	Akron	Steve Wilkins	1-330-344-5129
Trumbull	Brookfield	Melissa Kerr	1-330 307-7362

County	City	Contact Person	Phone/Email
Tuscarawas	Ragersville	Cathleen Misko	1-330-897-3019
Union	Marysville	Elizabeth Warren	1-937-642-2053
Wayne	Wooster	Amber Edmond	1-330-749-9615
Wood	Bowling Green	Rita Betz	1-419-257-3306

This list is provided and maintained by the [Ohio Older Adult Falls Prevention Coalition](#). It is not intended to be a comprehensive list. To find Tai Chi instructors in your area, contact your local senior center, area agency on aging or martial arts studio. If you represent an organization that would like to bring Tai Chi to your community, or are a Tai Chi instructor interested in being added to this list, please contact the coalition at 937-642-2053.