



OHIO NURSING HOME QUALITY IMPROVEMENT PROJECT

Compassionate Touch®: A Practical Approach to Ease Behavioral Symptoms

Description

Compassionate Touch® (CT) is an approach combining skilled touch techniques and specialized communication shown to help prevent behavioral expression in people with dementia and reduce job stress in care-partners. The purpose of this three-year project is to provide 140 Ohio nursing homes a non-pharmacological solution to help reduce unnecessary use of antipsychotic medication in dementia care while creating positive engagement of elders, staff and family care-partners.

Federal and state initiatives call upon providers to equip care-partners with practical tools that create positive outcomes for people with dementia. The reduction of unnecessary use of anti-psychotic medications by replacing [or supplementing] them with non-pharmacologic approaches and strategies is paramount to these initiatives. CT assists providers in meeting this challenge.

About AGE-u-cate Training Institute

[AGE-u-cate Training Institute](#) (ATI), a Limited Liability Company headquartered in Colleyville, Texas, which delivers high-impact solutions that transform the attitudes and actions of those who live in, work in, or visit eldercare communities across the nation.

How to Join: Inquire at www.ageucate.com.

Brief Description of Required Activities

Project Steps for Success

The Project is composed of five components:

- 1. On-site CT Caregiver Training:** ATI trainer will come to your nursing home to conduct the two-hour training for direct-care and support staff.
- 2. On-line CT Coach Training (Train-the-trainer component):** Following the onsite training, facilities then enroll two to four staff in online Coach Training. Coaches are trained to conduct on-going in-house CT training for staff and family caregivers.
- 3. On-going In-House CT Training:** CT Coaches facilitate on-going in house training for additional staff and family caregivers.

4. Project Support: ATI provides support in the form of on-line and phone support, and updated supplemental materials.

5. Results Measurement and Reporting: ATI will collaborate with you to identify the impact on residents who have dementia and exhibit physical, verbal or other behavioral symptoms and/or resistance to care. Results will be consolidated and presented by ATI in quarterly reports to the state and CMS.

Date(s) of Project

2019-2021

Evidence of Participation in the Project*

**Expected evidence of participation in the project should be kept by the nursing home for use in state survey to demonstrate compliance with Sec. 3721.072 (B) which states that "Beginning July 1, 2013, each nursing home shall participate every two years in at least one of the quality improvement projects included on the list made available by the department of aging under the nursing home quality initiative established under section 173.60 of the Revised Code."*

- Signed Project Participation Agreement
- Attendance and caregiver certificates from On-site CT Training once completed
- Completion certificate from Online Coach Training sessions once concluded
- Quarterly progress reports available over the course of the project

Relevant links

[OHIO NURSING HOME COMPASSIONATE TOUCH® CMP GRANT](#)

Contact

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