



OHIO NURSING HOME QUALITY IMPROVEMENT PROJECT

Rhythm of the Day

Description

Tobin & Associates, Inc. offers a comprehensive holistic memory care program with center-focused interventions and proven outcomes known as Rhythm of the Day© (known nationally as Memory in Rhythm®). This project will focus on the development of a person-centered, 24-hour 7 day a week dementia/Alzheimer's care program directed to decrease behaviors and increase resident quality of life (CFR §483.15). The project will provide training and support for nursing facility personnel in communicating and dealing with residents with dementia, focused on "attaining or maintaining the highest practicable physical, mental and psychosocial well-being of each resident" (CFR §483.483.15(g)(1)), and providing educational/emotional support to families of residents in the program.

Rhythm of the Day©, a 24/7 comprehensive holistic memory care program, owned by miVision, LLC, with proven interventions offers hope before the cure. The basic concept is to rhythmically guide the resident throughout the day systematically utilizing energy and calming techniques. Rhythm of the Day© takes residents through a day of living, utilizing natural bio rhythms, and their optimum mental and physical energies.

Rhythm of the Day© offers residents a quality of life not traditionally experienced in the general long-term care setting. Offering calmness and engagement throughout the day; results in enjoyment and contentment. Rhythm of the Day© utilizes resident's remaining cognitive abilities to focus on their highest practicable function without focusing on lost abilities. Rhythm of the Day© utilizes techniques of emotional memory to create a setting of peace and diffuse behaviors. Residents enhance their functionality and their psychosocial skills and simply live a better life. Rhythm of the Day© provides a 'rhythm' for staff, residents and families—simplifying and normalizing the day for everyone. Families report this program gives them their family member back.

How to Join

Nursing homes must contact Tobin & Associates to join.

Participation is limited to 10 Medicaid-certified nursing facilities annually, serving a maximum of 30 facilities during the 3-year grant. Facility participation will be limited to western Ohio: Columbus and west, Toledo and south, Cincinnati and north. Please contact Tobin & Associates to confirm boundaries.

Brief Description of Required Activities

Participating facilities will:

- Commit to a full-service 24/7 Rhythm of the Day program;
- Designate an interdisciplinary team including the Licensed Nursing Home Administrator (LNHA), Director of Nursing, Social Service Director and Activity Director willing to commit to the success of Rhythm of the Day© and its ongoing sustainability;
- Bear the expense of all staff wages for training which will all be completed on-site at nursing facility;
- Participate with proper preparation, customization, training, room/unit/area readiness and supply organization;
- Require all staff to complete the one hour “Alzheimer’s 101” training offered by Tobin & Associates;
- Require all management staff to complete a four-hour Rhythm of the Day program training provided at the center;
- Require all staff who are or will be assigned to the area of the program must complete a four-hour Rhythm of the Day program training.
- Commit to assessment and collection of required information to evaluate facility performance; and
- Report program data to Tobin & Associates Trainers/Consultants at a minimum of quarterly, utilizing Tobin & Associates data collection forms.

Date(s) of Project

November 1, 2019 – October 31, 2022

Evidence of Participation in the Project

Expected evidence of participation in the project should be kept by the nursing home for use in state survey to demonstrate compliance with Sec. 3721.072 (B) which states that “Beginning July 1, 2013, each nursing home shall participate every two years in at least one of the quality improvement projects included on the list made available by the department of aging under the nursing home quality initiative established under section 173.60 of the Revised Code.”

1. Signed Commitment Letter
2. Roster of team participants to include the Licensed Nursing Home Administrator (LNHA), Director of Nursing, Social Service Director and Activity Director
3. Documentation of required training:
 - Alzheimer’s 101 training for all staff
 - Rhythm of the Day training for management and staff assigned to the assigned unit
4. Montessori Assessment System tool documented in residents’ care plans
5. Quarterly program data reports.

Relevant links

lrcquality.ohio.gov

www.tobinway.com

[Rhythm of the Day CMP Proposal](#)

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