



OHIO NURSING HOME QUALITY IMPROVEMENT PROJECT

Optimizing Medication Systems and Usage

Description

Optimizing Medication Systems and Usage is a collaborative learning experience offered by Wellspring from The Eden Alternative[®]. Research consistently reveals the ill effects of medication overuse, especially the prescribing cascade that occurs as new medications are added to treat side effects of another medication being taken. Optimizing medication use creates a strong, balanced foundation for maintaining overall well-being, while providing the supportive framework necessary to effectively sustain specific improvements, such as antipsychotic reduction, over time. By blending medication optimization with person-directed approaches to care, providers can more effectively assess the risks, burdens, benefits, and prognosis for the individual, all of which drive decisions about medication use.

Through 12 interactive, webinar-based learning sessions and guided, hands-on application of techniques between sessions, 10 organizational teams of four* will:

- Acquire skills and resources that support optimizing overall medication and supplement use for the individual;
- Identify ways to improve medication systems to achieve sustainability;
- Develop their own performance improvement project (PIP) plan to drive change; and
- Track and share outcomes and best practices with other participating teams.

** Teams of 4 should include some combination of DONs; nurses; nurse practitioners; clinical social workers; in-house physicians, pharmacists, or physical therapists*

How to Join

Nursing home must [register](#) with Wellspring from The Eden Alternative[®]. Cost of participation is \$1,499 per organization. Space is limited to 10 organizations.

Brief Description of Required Activities

- Each home will select a core interdisciplinary team of at least 4 individuals that have the resources/expertise needed for the team to successfully impact the use of medications for a sample group of Elders (residents). The core team could include: DON; nurses; nurse practitioners; clinical social workers; in-house physicians, pharmacists, or physical therapists.

- The core interdisciplinary team will attend all online sessions together and work as a team in between sessions on designated goals.
- Team will be asked to collect baseline data on a number of medication-related measures for a sample group of Elders (residents) in advance of the online learning sessions. Data will be collected quarterly during the course of the collaborative learning experience.
- Prior to each Learning Cycle, team members will receive a message with links to download the materials for those online sessions. Each team member will be responsible to open, download, and review the materials prior to the online sessions.

Date(s) of Project

September 2015 – May 2016. Online learning sessions frame four complete learning cycles:

Learning Cycle 1: Creating Awareness Sept. 17-Nov. 4, 2015

Online Session: Thu, Sep 17, 2015 3:00 PM - 4:30 PM EDT

Online Session: Thu, Sep 24, 2015 3:00 PM - 4:30 PM EDT

Learning Cycle 2: Seeing Change Nov. 5, 2015 – Jan. 6, 2016

Best Practice Exchange: Thu, Nov 5, 2015 3:00 PM - 4:30 PM EST

Online Session: Thu, Nov 12, 2015 3:00 PM - 4:30 PM EST

Online Session: Thu, Nov 19, 2015 3:00 PM - 4:30 PM EST

Learning Cycle 3: Digging Deep Jan. 7-March 2, 2016

Best Practice Exchange: Thu, Jan 7, 2016 3:00 PM - 4:30 PM EST

Online Session: Thu, Jan 14, 2016 3:00 PM - 4:30 PM EST

Online Session: Thu, Jan 21, 2016 3:00 PM - 4:30 PM EST

Learning Cycle 4: Integration & Sustainability March 3-May 15, 2016

Best Practice Exchange: Thu, Mar 3, 2016 3:00 PM - 4:30 PM EDT

Online Session: Thu, Mar 10, 2016 3:00 PM - 4:30 PM EST

Online Session: Thu, Mar 17, 2016 3:00 PM - 4:30 PM EST

Sharing Results & Outcomes Celebration: Thu, May 19, 2016 3:00 PM - 4:30 PM

Evidence of Participation in the Project

Expected evidence of participation in the project should be kept by the nursing home for use in state survey to demonstrate compliance with Sec. 3721.072 (B) which states that "Beginning July 1, 2013, each nursing home shall participate every two years in at least one of the quality improvement projects included on the list made available by the department of aging under the nursing home quality initiative established under section 173.60 of the Revised Code."

1. The nursing home should be able to produce the Optimizing Medication Systems and Usage team roster.

2. The nursing home should be able to produce the CEU confirmations for team members.
3. The nursing home should be able to produce summary data from medication-related measures for the sample group of Elders as required by the project sponsor.

Relevant links

[Optimizing Medication Systems and Usage Participation Details](#)

[Optimizing Medication Systems and Usage General Information and Registration](#)

Contact

education@edenalt.org