Area Agencies on Aging coordinate local services and supports for older adults and people with disabilities in their communities. Ohio has 12 Area Agencies, each serving a unique region of the state. They use federal, state, local and community funds and contributions to provide supports to older adults living in their homes or in other settings of their choice. Through their Aging and Disability Resource Network call centers, the Agencies help more than 300,000 Ohioans each year connect with needed resources.

Area Agencies on Aging administer programs and classes that help older Ohioans stay active and make healthy choices. Seniors can receive nutrition education and counseling to help them meet their dietary needs, or they can enroll in the home delivered meals program, which serves nearly eight million nutritious meals annually.

Classes offered through the Ohio Department of Aging’s HEALTHY U and the STEADY U initiatives and coordinated locally by Area Agencies on Aging help older Ohioans manage their falls risks and chronic conditions, including chronic pain, so that they can have the highest possible quality of life and better health outcomes, maintaining their independence as they age.

Area Agencies on Aging connect older adults to volunteer opportunities that allow them to give back to their communities. Opportunities are diverse and designed to appeal to individuals’ interests and talents while also addressing community needs.

Area Agencies’ Aging and Disabilities Resource Network call centers connect older Ohioans with transportation programs that help them make essential trips to medical appointments, business errands, shopping and other activities.
AREA AGENCIES ON AGING HELP OLDER ADULTS REMAIN IN THEIR HOMES AND COMMUNITIES

Area Agencies on Aging provide access to **home maintenance, repair and modification services** that help older Ohioans preserve existing property values and make structural modifications or repairs necessary to help them remain in their homes and communities safely. Agencies also provide access to programs and information to help with the costs of heating or cooling their homes.

Area Agencies offer **caregiver support services and resources**, such as care consultation, education and training, counseling, support groups or respite care. These supports help caregivers care for their loved ones more effectively and for longer with better health outcomes for everyone.

Area Agencies provide clear and unbiased **benefits information**, including information about Medicare and Medicaid.

Agencies also help individuals and families plan for and access long-term care needs. They offer free **long-term care consultations** in which a licensed social worker or registered nurse visits the individual to review needs, identify available services, discuss choices and create a care plan.

For those eligible for Medicaid, Area Agencies on Aging provide access to **home and community-based long-term care services**, such as personal care services, homemaking, transportation, home delivered meals or other services. Agency staff help create a care plan to meet the person’s specific needs.

Ohio’s Area Agencies on Aging are committed to preventing and ultimately ending the **abuse, neglect and exploitation of older adults**, an issue that impacts the lives of thousands in Ohio. They can connect individuals and families to available community services to prevent and report suspected abuse.

**GET IN TOUCH**

Call **1-866-243-5678** to connect to the Area Agency on Aging serving your community.

[www.aging.ohio.gov/FindServices](http://www.aging.ohio.gov/FindServices)

*Services may vary by location. Eligibility guidelines may apply.*