

# Falls Prevention Informational Session

**Monday, September 22**

**11 a.m. – 1 p.m.**

**UCMC Cafeteria**



The UCMC Trauma Center is hosting an informational session featuring:

- Trauma Center staff providing information & tips to prevent falls
- Physical and occupational therapists providing information on balance & exercise
- Integrative Medicine practitioners offering tai chi information
- ENT team members performing balance screenings

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