

FALLS PREVENTION AWARENESS DAY 2014

Strong Today, Falls Free Tomorrow

Tai Chi

Radio Spot- WKLM

Displays

Newspaper Ads

Celebrations

Educational Fliers

Exercise Class

Joyce Baker explains how Tai Chi classes have helped her, "Oh- with everything. I was really wobbly. I felt unsteady, but the classes help with my walking and getting around!" 9/8/2014



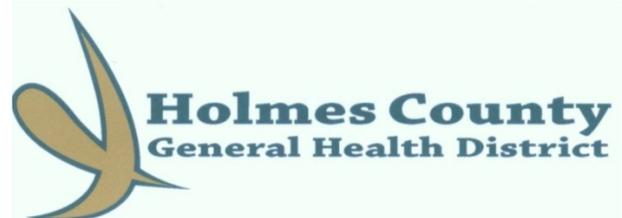
September 23rd, 2014

Tai Chi Classes and Celebrations:

(free and open to the public)

Nashville Church of Christ 10:00

Sunshine Villa 2:00



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Questions regarding Falls Prevention Awareness events may be directed to:

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