

The “Aging. It’s Everybody’s Business.” Pledge

- **I pledge** to challenge ageist views and negative stereotypes about aging wherever I see them;
- **I pledge** to make lifestyle changes that will decrease the likelihood of chronic disease and injury as I age;
- **I pledge** to help others understand that aging has both challenges and benefits at every stage of life;
- **I pledge** to remember that all Ohioans deserve opportunities to grow, thrive and contribute throughout their lifespans; and
- **I pledge to make aging *my business*** and challenge my community leaders, business owners, co-workers, family and friends to make aging *their* business, too!



Ohio Department of Aging ■ Aging.Ohio.gov

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