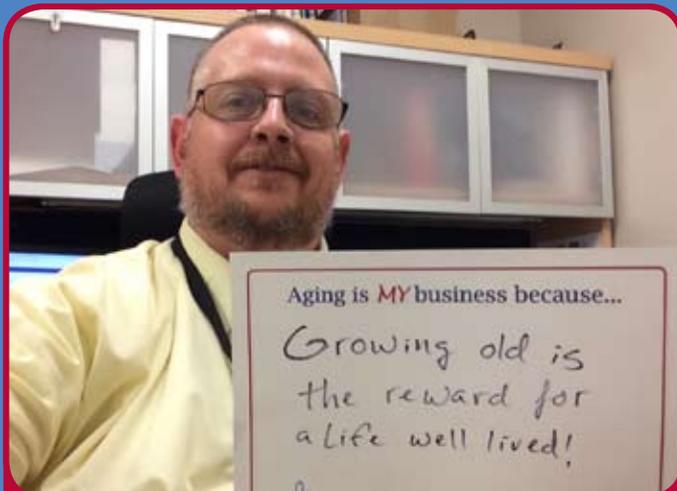


Aging.

It's Everybody's Business.



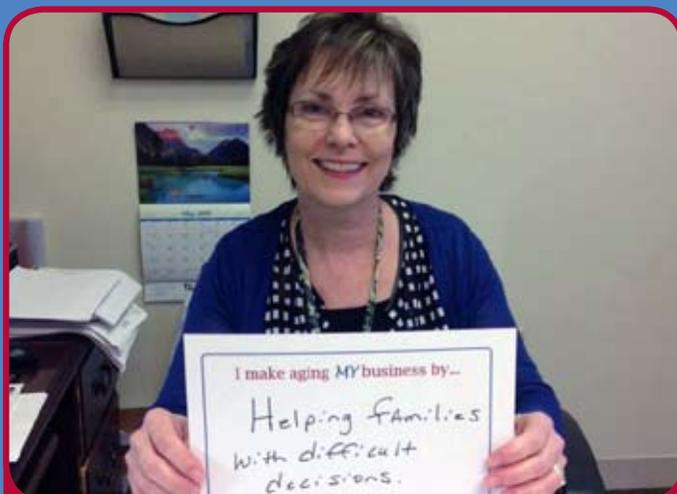
Cathy, Area Agency on Aging,
Region 8



John,
Ohio Department of Aging



Area Agency on Aging,
Region 8



Village of
St. Edward



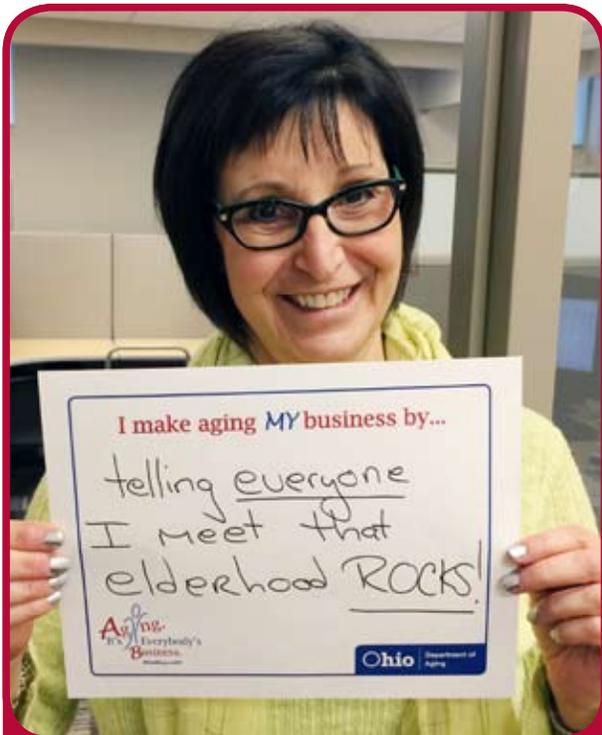
Karen,
Ohio Department of Aging

Ag(ing).
It's Everybody's
Business.

Cover Images: (Top and Middle) Area Agency on Aging Region 9, Inc., (Bottom) Susan, Cleveland Department of Aging

Director's Letter

Have you ever experienced vujà dé? Not déjà vu, which is that odd feeling of familiarity you get in an unfamiliar situation. No, vujà dé is a popular concept for those who study problem-solving and innovation. It can be described as the opposite of déjà vu: Being in a familiar situation, but viewing it from an unfamiliar, fresh perspective. Sometimes, we can become so familiar with a situation, a concept or a problem, that innovation slows or ceases altogether. Vujà dé is about forcing ourselves to step out of what we know so that we gain new insight and ideas.



Bonnie K. Burman, Director
Ohio Department of Aging

Aging is not a new challenge, but it is one that is being transformed by the complexity and enormity of our growing and changing population. Five years ago, Ohio had a vujà dé moment regarding how we care for and serve elders and Ohioans with disabilities. Since then, we've continued to use proven theories of innovation to develop, implement and sustain creative thinking and problem solving.

It is not just us in public service and the aging network who need to think differently about aging and elders. Ohio's communities are powerful, and Ohioans want to help one another. Thus, we had another vujà dé moment when we realized that engaging and unleashing our communities to provide opportunities and supports for our elders must be a priority. The result is an initiative launched this year, dubbed "Aging. It's Everybody's Business." which you'll learn more about in this report.

So, I invite you to join us in experiencing vujà dé. Instead of striving to do the same things better, aim instead to do better things. Stop and say: "Hmmm, this is good, but what are we really trying to achieve? What outcomes can we produce and what impact will they have?" When we remove negativity from conversations about aging, and work together at all levels to foster innovative solutions, I'm confident that we can ensure the best life possible for all Ohioans throughout the lifespan.

Bonnie K. Burman, Sc.D.

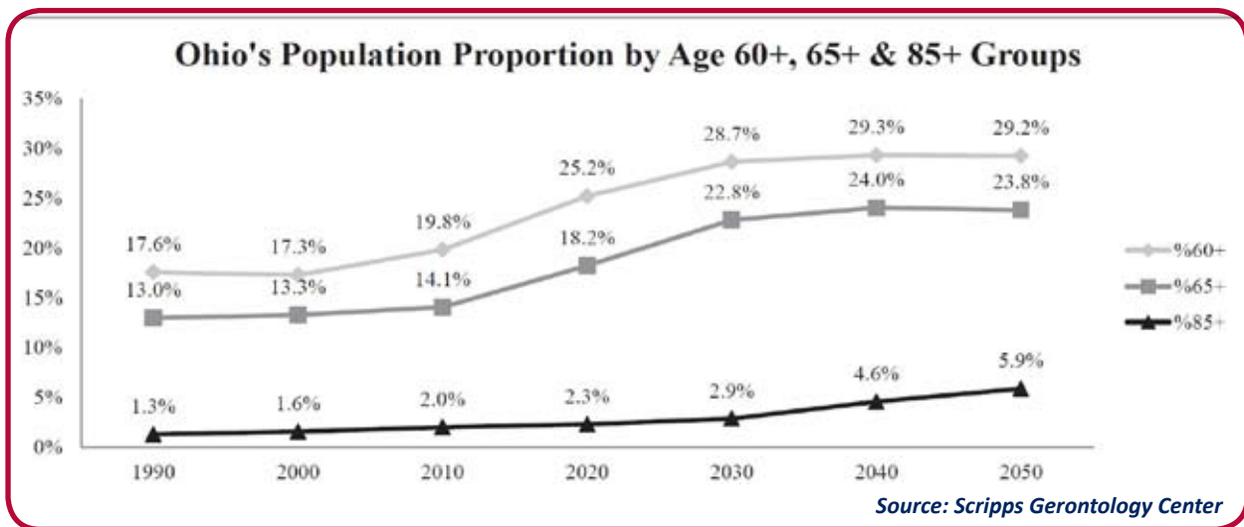


Introduction

Windows and Mirrors

According to the Scripps Gerontology Center at Miami University, 2.5 million Ohioans are age 60 or older, and 1.7 million are age 65 or older, giving Ohio the seventh largest older adult population in the nation. By 2032, almost 22 percent of our population will be age 65 or older.

- From 2010 to 2030, Ohio’s overall population is projected to grow by two percent.
- In the same time frame, the over-60 and over-65 population segments will grow almost 20 times faster: by 47 percent and 46 percent, respectively.



These trends give us a window into the future and present opportunities and challenges for Ohio and its communities to not only serve our elders in new ways, but also unleash the power of our Golden Buckeyes. But in a way this window also serves as a mirror, allowing the Department of Aging, our sister state agencies and the aging network to reflect on who we are and what we do. Meeting the needs of our growing and changing aging population is not a goal that can be achieved by one or even a few groups working together. With more Ohioans living *‘well beyond’* 60, it is important to work together at all levels in society to help each other *‘live well’* beyond 60.

Vujà dé and Innovation

“Vujà dé” is a popular strategy in the field of innovation and problem solving. Simply put, if déjà vu is an odd sense of familiarity you get in unfamiliar circumstances (that feeling that you’ve been here before), vujà dé can best be described as the opposite: experiencing familiar situations as if you haven’t been there before – looking at ongoing challenges with a fresh, untried and unjudged perspective.

Historically, we have tracked inputs and outputs as measures of our success. These metrics are still crucial, but more important still are measures of the outcomes of what we do and, ultimately, the impact our work and our services are having on the lives of all Ohioans. In other words, data and information, when used properly, allow us to gain the knowledge to recognize opportunities and the wisdom to bravely step in a more productive direction.

It is through the practice of vujà dé and proven approaches to innovation that we are expanding and transforming our network of partners to touch every part of Ohio and our communities. By engaging both traditional and non-traditional partners, we are able to tap creative wellsprings, resource pipelines and funding sources in very innovative ways. We've based this work on innovation and improvement approaches founded on IHI Science of Improvement (www.ihl.org) and Rogers' Theory of Innovation (*Everett Rogers, Diffusion of Innovations, Fifth Edition 2003, Free Press, NY*) to ensure that we collaborate to:

1. Set aims that are time-specific, measurable and well defined;
2. Establish quantitative measures of input, output, outcomes and impact;
3. Select innovations from available and new solutions that best fits the situation; and
4. Assess the innovations.

Aging. It's Everybody's Business.

Ohio's aging network has blazed a trail by building robust and innovative collaborations at all levels within our state to create and expand programs and initiatives that promote health, wellness and prevention; offer increased opportunities for elders to contribute to community success; and maintain access to high-quality, person-centered long-term services and supports for those who need them. This approach, branded "**Aging. It's Everybody's Business.**", is an expansion of our comprehensive "Well Beyond 60" initiative launched in State Fiscal Year 2015.

Definition of an Elder

An elder is a person who is still growing, still a learner, still with potential and whose life continues to have within it promise for and connection to the future.

An elder is still in pursuit of happiness, joy and pleasure, and her or his birth-right to these remains intact.

Source: Barry Barkan

Five characteristics largely determine an innovation's chance of adoption and success. They are:

- **Relative advantage** – The real and perceived value to the entity adopting the innovation;
- **Simplicity** – The level of complexity of the innovation;
- **Compatibility** – How well the innovation fits with existing values and practices;
- **Trialability** – How well and easily the innovation can be tried; and
- **Observability** – How well the outcomes and impact of the innovation can be seen.

"Aging. It's Everybody's Business." encourages and supports public-private partnerships between state and local government, businesses, health insurance, health and social service providers, educational institutions, media and others to fundamentally change the way that society thinks about aging and addresses the issues of an aging population.

During Older Americans Month in May, we invited our sister state agencies and other partners to show how they make aging their business by posting guest articles on our website. Some of the things our sister state agencies are doing to support Ohio's elders include:

- Ohio’s **Emergency Management Agency** stresses the importance of individual responsibility and preparedness while they also encourage and empower communities to incorporate the unique needs and preferences of older adults into local emergency planning.
- The **Ohio Department of Transportation** is addressing a rise in older-driver related traffic crashes with a statewide committee to create safer roadways through new technologies and construction, as well as enhance public transit systems.
- The **Ohio Department of Rehabilitations and Corrections** houses more than 2,800 inmates age 60 and older, and is working to accommodate their health and wellness needs, as well as create stronger pathways to re-enter society with the care and opportunities they need to be productive.
- The **Ohio Department of Developmental Disabilities** supports nearly 8,000 older Ohioans age 60 and older with disabilities, as well as countless other elders who serve as caregivers for family members with disabilities, with solutions that promote independence and quality of life.
- The **Ohio Department of Taxation** and the **Ohio Development Services Agency’s Small Business Development Centers** guide elder entrepreneurs to set up small businesses in a way that helps ensure success while protecting their financial nest eggs.

As the federally designated state unit on aging, the Ohio Department of Aging fosters and coordinates a statewide aging network of regional and community agencies, service providers, advocates, and others to shape policy and services that meet the needs of older adults with disabilities, and provide opportunities for all Ohioans to age with dignity, respect and purpose. We are also a cabinet-level state agency, and as such we engage individuals, communities, businesses, local governments and our sister state agencies to design and implement solutions that address the issues, opportunities and impact of an aging population.

This annual report highlights key accomplishments that show the many ways the Ohio Department of Aging and the aging network are using collaboration and innovation to offer meaningful opportunities for elders to contribute within their communities, as well as develop care strategies and programs that put the care recipient at the center of care decisions and that have, at their core, the quality of life of the individual as the highest priority.



Area Agency on Aging,
Region 8

Our Mission: Ohio is on the leading edge of innovation and is responsive to the growing and changing aging population.

Our Vision: Elders are respected as vital members of society who continue to grow, thrive and contribute.

Strategic Goals:

- ODA and other state agencies integrate elders’ needs into their plans and services.
- Ohio communities and businesses will design and implement solutions that address the issues, opportunities and impact of an aging population.
- Ohioans strive to improve and maintain their health and well-being across the lifespan.
- Ohio’s long-term care system allows elders and their caregivers to access a wide array of person-centered and well-coordinated services and supports.
- ODA is fiscally responsible and an innovative steward of resources.
- ODA prepares and builds a responsive statewide infrastructure for Ohio’s aging population.
- All ODA-administered funding and plans purposefully link to the ODA strategic plan and ensure that outcomes and performance measures drive us toward achieving our ultimate outcome.

Key Accomplishments

Falls Prevention

Déjà vu Thinking: Age increases the risk of falling, which leads to negative health outcomes for older adults.

Vujà dé Thinking: Falls are not a normal part of the aging process, and most falls can be prevented.

One in three Golden Buckeyes will fall this year. Falls are the leading cause of injury-related hospitalizations and deaths among older Ohioans, and the rate of fatal falls among older Ohioans increased more than 52.3 percent from 2004 to 2013. The total estimated cost of falls (medical bills, work loss, etc.) is \$651 million annually in Ohio – that’s \$373 for each Ohio resident!

STEADY U Ohio, the Department of Aging’s comprehensive older adult falls prevention collaborative, marked the beginning of its third year with a bang. To celebrate **National Older Adult Falls Prevention Awareness Day**, STEADY U organized the **“10 Million Steps to Prevent Falls”** campaign to raise awareness of the epidemic of falls among older adults and, more importantly, engaged community organizations, businesses and individuals around the state in the conversation.



10 Millions Steps to Prevent Falls outside the Ohio Statehouse.



Area Agency on Aging,
Region 8

Since regular walking is one of the most basic ways to prevent falls (mild exercise helps maintain strength and balance), the aim of 10 Million Steps was to get as many Ohioans as possible to walk at least one mile in the name of falls prevention. Fifty-seven different organizations teamed to sponsor 57 local walking events. Those organizations included area agencies on aging, local hospital systems, nursing homes and assisted living facilities, local health departments, state agencies, senior centers, shopping malls, physical therapists, gyms and more. Statewide, more than 4,400 Ohioans walked approximately 5,300 miles – or 13.2 million steps – and helped educate others that falls are not a normal part of aging and that most falls can be prevented.

Ohio’s observance of National Older Adult Falls Prevention Awareness Day also included our second

annual partnership with the **Ohio Older Adult Falls Prevention Coalition** (a subgroup of the Violence and Injury Prevention Program administered by the Ohio Department of Health) and some of the state’s prominent pharmacy chains to provide free **falls-prevention related prescription consultations** to older adults. Kroger Pharmacy, Northside Pharmacy and Discount Drug Mart helped elders at 11 retail locations around the state understand how their medications may put them at increased risk for falling and armed them with information to talk to their health care providers about treatment options.

Because the changing weather conditions in Ohio can also present falls hazards, the **Ohio Committee for Severe Weather Awareness** (OCSWA), coordinated by the Ohio Emergency Management Agency, is a key partner in the STEADY U Ohio initiative. In November, OCSWA and STEADY U released a series of weather-related falls prevention tip sheets with a specific sheet for each of the four seasons. The tip sheets were posted on the STEADY U Ohio and Ohio Department of Aging websites and were shared with our 40+ STEADY U partner organizations. One of those partners, the Ohio Veterans Home in Sandusky, displays the seasonal tip sheet around their facility for residents, staff and visitors.

Since its launch in September 2013, the STEADY U initiative has had as one of its primary goals the statewide expansion and support of evidence-based community interventions to help elders reduce their risk of falling. In the initiative’s first year, we expanded the infrastructure for **“A Matter of Balance”** to provide workshops that reduce participants’ fear and risk of falling in all 88 Ohio counties. During state fiscal year 2016, our partners held 108 workshops with more than 1,300 individuals successfully completing.



Fairhill
Partners

Also this year, we partnered with the Ohio Older Adult Falls Prevention Coalition to coordinate the many and varied efforts around the state to educate older adults in the ancient martial art of **tai chi**, which has been shown to help build strength and balance and prevent falls. This spring, we launched a new page on STEADY U Ohio website with information about tai chi and contact information for 23 tai chi instructors that have been vetted by the coalition. We will continue to work with the coalition and local partners to expand the infrastructure for tai chi.

Reducing Chronic Disease and Disability

Déjà vu Thinking: Chronic disease is a part of the aging process and leads to disability and a loss of independence.

Vujà dé Thinking: The choices we make throughout our lives have a significant impact on our wellness and quality of life as we age.

According to the National Council on Aging, nearly three out of four older adults have a chronic health condition, such as diabetes, arthritis, high blood pressure and lung disease. Left unchecked, chronic conditions can limit independence and lower an individual's quality of life. However, when older adults learn and use proven strategies to effectively manage chronic health conditions, and take an active role in maintaining and improving their health, they report better health outcomes and a greater satisfaction with life.

HEALTHY U Ohio is a suite of evidence-based chronic disease self-management programs administered by the Department of Aging and provided at the community level by Ohio's area agencies on aging and other local stakeholders. In state fiscal year 2016, our partners conducted 176 workshops with 1,363 completing participants.

Recognizing that the population of older Ohioans who can benefit from chronic disease self-management education is far larger than those with the inclination and ability to participate in a six-week workshop, we also intensified public education efforts under the HEALTHY U brand. Last summer, we launched the **HEALTHY U Ohio Facebook page** to provide timely news, tips and resources about chronic disease management. More than 3,500 people follow the page and share the information provided with their family and friends.

Last summer also saw the inception of the **"Well Beyond 60!" EXPO**, an enhanced partnership with the Ohio State Fair to use Senior Day at the fair as an opportunity to educate fairgoers about what it takes to age well. Visitors age 60 and older were treated to half-price admission to the fair, and all guests had access to health screenings and educational activities to help them identify healthy choices they can make throughout their lifespans to ensure they live healthier, more active lives.



Blood pressure check at Ohio State Fair Senior Day at the "Well Beyond 60!" EXPO

EXPO partners included: Ohio Department of Aging, Ohio Department of Health, Prevent Blindness Ohio, Mount Carmel Health, National Church Residences, Arbors of Delaware, The Ohio State University Extension, Chalmers P. Wylie VA Ambulatory Care Center, STEADY U Ohio and HEALTHY U Ohio. Guests also were treated to a free concert that was preceded by a mini-session of the “A Matter of Balance” falls prevention workshop.

Nutrition

Déjà vu Thinking: Older adults benefit from socialization and nutrition provided at congregate meal sites.

Vujà dé Thinking: Elders who have choices of dining opportunities that fit their preferences have better physical and emotional health.

Nearly 116,000 older Ohioans benefit annually from community nutrition program services provided through federal, state and local funding sources. Congregate meals provide safe and nutritious meals, along with opportunities for social interaction and activity. Sites include senior centers, churches and other community focal points.

Faced with a shortage of congregate meal provider sites in their region, Area Agency on Aging 3, serving Lima and surrounding communities, asked consumers what they valued most about the congregate meal program and what they preferred. As a result, they worked with the Ohio Department of Aging to create a modified congregate meal program that allows eligible older adults to use vouchers for nutritious meals at participating local restaurants. As a result, consumers get to eat when they want, where they want and with whom they want, and report greater satisfaction with the experience. Today, the approach is used by area agencies on aging in half of Ohio’s 12 regions and includes 53 restaurants statewide. It is an innovative and person-centered approach to meet our requirements under the Older Americans Act.

Emergency and Disaster Planning

Déjà vu Thinking: Older Ohioans and adults with disabilities are at increased risk for complications from disasters and emergencies.

Vujà dé Thinking: Ohio’s elders, residents with disabilities and their caregivers benefit from resources and strategies at all levels to ensure their safety in emergencies.

Many older adults and people with disabilities face unique challenges in preparing for and responding to emergencies such as fires, natural disasters, severe weather and other adverse events. The Ohio Department of Aging continues to enhance our partnerships with state and local authorities to ensure that older residents, their families and others who care for and serve them have the information and resources they need.

The Department of Aging continues to be an integral partner in the state's emergency preparedness efforts, with representatives on working groups to design the **state's preparation and response to potential public health crises** such as listeria and the Ebola and Zika viruses have minor impacts on the safety, security and quality of life of regional elders.

Through our co-location and enhanced collaboration with the Ohio Department of Health, we are much better positioned to relay information and resources about public health issues and events to the aging network. Examples include issues with the safety of the water supply in certain communities, tracking infectious diseases, promoting vaccination and regular health screenings, preventing injury and more.

In conjunction with the Ohio Association of Foodbanks, OSU Nisonger Center/Disability Community Planning Group, Ohio Department of Health and others, the Ohio Department of Aging developed and began distributing disaster preparedness checklists to **Ohio Benefit Bank** users, specifically elders, caregivers and individuals with functional needs.

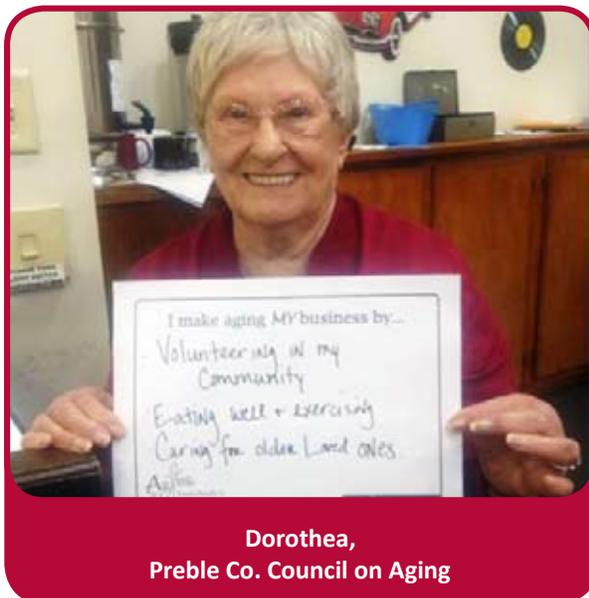
Helping Ohio nursing homes plan for disaster situations was also a priority. More than four out of five of Ohio's counties have had a federally declared major disaster declaration in the past decade. On any given day in Ohio's nursing homes, there are nearly 78,000 residents with physical or cognitive impairments. In state fiscal year 2016, the Scripps Gerontology Center at Miami University examined preparedness and planning in Ohio nursing homes, and found that most were well prepared, but also identified a few gaps. State partners, including the Ohio Department of Health, the Department of Aging and the Emergency

Management Agency, used the findings to developed key action steps to help nursing homes be better prepared for emergencies.

- Using available data systems, agencies will give planners and responders at the state and local levels quick access to information about facilities that may be impacted by an emergency and facilities that could support local response and recovery efforts.
- The agencies will provide guidance to facilities concerning sheltering in place, including the appropriate amount of perishable supplies, such as medicine, to have on-hand.
- The agencies will develop strategies to better link local emergency management agencies with nursing facilities and residential care facilities located within their jurisdictions.



**Area Agency on Aging
Region 9, Inc.**



**Dorothea,
Preble Co. Council on Aging**

At home, while older Ohioans make up about 14 percent of our population, they account for more than 39 percent of fire-related fatalities. The Department of Aging partnered with the Ohio Department of Commerce Division of State Fire Marshall, the Division of Real Estate & Professional Licensing, the American Red Cross and others on a campaign last fall and winter called **Safe & Sound**, designed to educate all Ohioans, and especially our elders, on how to prevent and prepare for fires, especially those caused by heating sources during the winter months. The campaign included a series of educational social media videos produced by the Department of Aging and featuring State Fire Marshal Larry Flowers. In addition, the Fire Marshal’s office and several area agencies on aging partnered to provide in-person educational events to elders in their communities and facilitate access to free and low-cost smoke alarms.

Volunteering

Déjà vu Thinking: Volunteering gives elders opportunities to contribute and is important for socialization.

Vujà dé Thinking: Older adults want and deserve meaningful opportunities to engage with their communities in comprehensive ways.

GIVEback. GOforward. is a collective impact initiative of the Department of Aging, the Ohio Department of Higher Education, Mature Services, Inc., Youngstown State University, Eastern Gateway Community College, community leaders and social organizations that not only offers meaningful volunteer opportunities for elders to stay active, but also provides valuable incentives for them and their loved ones and benefits to support our communities in the future. GIVEback. GOforward. rewards elders with a tuition waiver good for three undergraduate credit-hours at participating colleges and universities for each 100 volunteer hours they serve in approved community volunteer programs. The volunteers can use the tuition credit for themselves or transfer it to someone else, such as a family member, friend or other student.

The program launched in August 2015, and in March 2016, Youngstown’s Paula Kacir became the first person to complete 100 volunteer hours with the United Way of Youngstown and the Mahoning Valley and earn a tuition voucher, which she gifted to her grandson, Michael, a freshman at Youngstown State studying civil engineering. The state partners

continue to work together with local officials to expand the number and type of volunteer opportunities available, as well as prepare to expand the program to other communities and universities.



Paula Kacir is the first person in the state to earn tuition credit by volunteering.

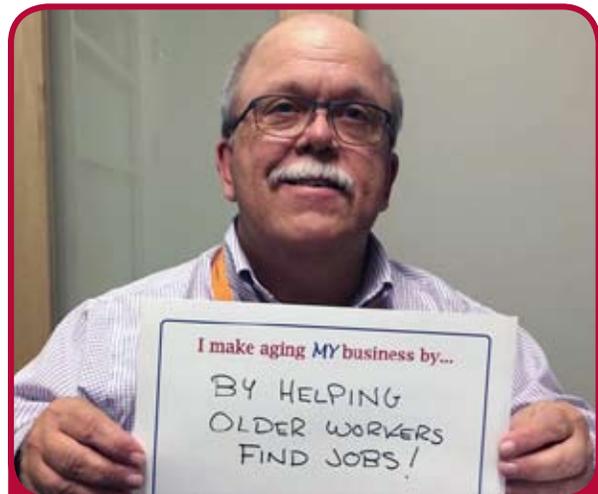
Older Workers

Déjà vu Thinking: Ohio’s workforce will be challenged by a growing number of older workers and job seekers.

Vujà dé Thinking: Employers and Ohio can be successful by fostering an intergenerational workforce that leverages the unique skills, traits and attitudes of workers of all ages.

Every four years, the State of Ohio is required to submit a plan to the federal government for the state’s workforce programs. In 2016, Ohio submitted a single, combined Workforce Innovation and Opportunity Act plan for its largest workforce programs, including the **Senior Community Service Employment Program (SCSEP)**. SCSEP is a paid community service and work-based training program for income-eligible job seekers age 55 and older. The combined plan allows SCSEP to be better coordinated with other workforce programs, leverage training and supports for older workers, expand outreach to employers, and make aging network resources and programs available to employers and working caregivers.

Ohio’s SCSEP partners included strategies in the state plan that create and support opportunities for older workers. Working with partners like the Ohio Department of Job and Family Services and the Scripps Gerontology Center at Miami University, the Department of Aging is developing an older worker presence on OhioMeansJobs.com and a survey that will measure the experience and interaction that mature workers and job seekers have using the state’s employment resources, such as OhioMeansJobs centers. Other strategies include developing career pathways for older job seekers into in-demand jobs and hosting regional older worker forums aimed at employers, workforce development professionals, economic development professionals and policy makers to promote and support intergenerational workplaces.



**Marc,
Ohio Department of Aging**

Caregiver Support

Déjà vu Thinking: Caregiving is an overwhelming task that disrupts the caregiver’s life and requires personal and professional sacrifices to ensure a quality life for their loved ones.

Vujà dé Thinking: Caregivers who use available resources and supports are better able to incorporate caregiving into their lives and provide care longer with better outcomes.

To better target caregiver support services, Ohio’s area agencies on aging instituted a **caregiver stress assessment** in May 2016. The assessment is conducted when a caregiver first receives services, then is repeated every six months while services are received. Caregiver support staff use the results to cater services to the caregiver’s changing needs. Approximately 1.7 million Ohioans provide some type of support to an aging loved one, friend or neighbor. Research has shown that caregivers who identify themselves as such and make use of available caregiver support services report better emotional health and maintain their caregiving tasks longer. Support interventions that include both the caregiver and the care recipient and are tailored to caregivers’ specific needs are the most successful. A variety of caregiver supports are available through the area agencies on aging.

Nearly three out of four family caregivers have a regular job in addition to their caregiving responsibilities. Sixty-eight percent of working caregivers report making changes to their work habits (reducing hours, taking leaves of absence, etc.) or having performance issues at their jobs as a result of caregiving. Caregiver support programs **help working caregivers** better manage their work and family responsibilities, and have been shown to lead to better worker retention, increased productivity, reduced stress and improved health for workers. The Department of Aging is working with the Ohio Association of Area Agencies on Aging and regional area agency staff to market available services to employers, human resource professionals and employee assistance programs.

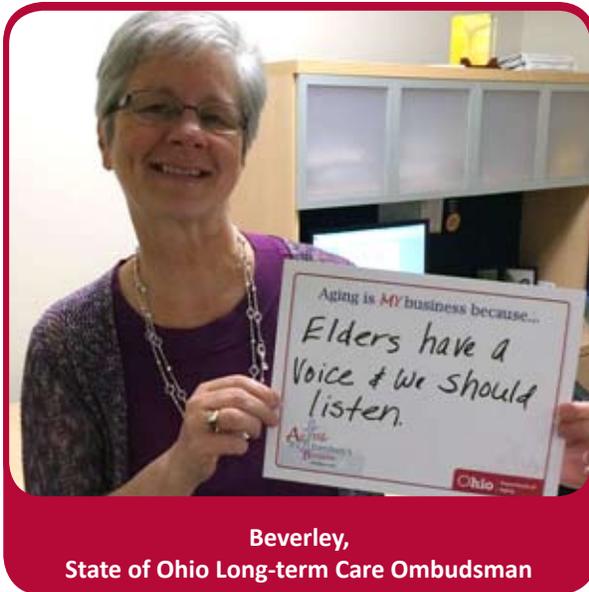
Quality Long-Term Care

Déjà vu Thinking: With an aging population, our current system of long-term care will be inadequate and unsustainable.

Vujà dé Thinking: Care that is provided with the care recipient at the center of – and part of – the planning process provides better care outcomes and is more economical.

After successfully implementing the **Music & MemorySM** program in the state’s nursing homes and other care facilities (more than 430 facilities are certified to offer the program to residents), Ohio became one of the first states in the nation to develop an infrastructure to make the program accessible to individuals and caregivers in home and community settings. Music & MemorySM is an innovative and research-supported approach to care that uses personalized playlists on digital music players to help people

with dementia and certain chronic conditions focus and reconnect with the world around them. Ohio's community model utilizes regional hub sites to train staff at community deployment sites, such as adult day health providers, in the core competencies of the program. During the pilot project, hub sites have been established in the Cleveland area, the Akron/Canton area, the Columbus area, south-central Ohio and the Youngstown area. Partners include the Benjamin Rose Institute on Aging, Catholic Social Services of Central Ohio/Senior Companion Program, National Church Residences, Licking County Aging program and the regional long-term care ombudsman programs at the Area Agency on Aging District 7, Inc., Direction Home Akron Canton Area Agency on Aging and Area Agency on Aging 11, Inc.



Beverley,
State of Ohio Long-term Care Ombudsman

For residents of Ohio's nearly 1,000 nursing homes, the **Office of the State Long-Term Care Ombudsman** continues to coordinate a world-class network of advocates for the rights of consumers and their families. In November, Beverley Laubert, Ohio's State Long-Term Care Ombudsman was presented the Cernoria Johnson Memorial Advocacy Award by the National Consumer Voice for Quality Long-Term Care. The award recognizes advocates whose work has had a national impact or is a model for national excellence.

Ohio continues to provide a **responsive and coordinated response to nursing home closures**. Early this winter, a nursing home in Youngstown that had been under increased scrutiny by state and federal officials abruptly closed, giving residents mere hours to find a new place to live. State

staff, along with regional ombudsman staff at Area Agency on Aging 11, Inc., coordinated with staff at the Ohio Department of Health, Ohio Department of Medicaid and the Ohio Department of Mental Health & Addiction Services to ensure the health and safety of the residents until all could find new homes. Regional staff maintained a presence at the facility throughout the crisis, counseling residents and their families and observing that care was being provided up to the final moments of the closure. The team would successfully repeat this process just weeks later when another nursing home in the area operated by the same company underwent a similar closure.

Ohio's Medicaid long-term care waiver programs underwent a series of significant changes during state fiscal year 2016. First, a new federal rule regarding overtime and travel compensation for direct care workers led to the development and implementation of new policies and procedures for many providers in the Department of Aging's Medicaid waiver programs. Staff developed guidance for PASSPORT Administrative Agency officials as well as providers to assist with compliance with the new rules. Second, all states were required to submit a statewide **Home and Community-Based Services Transition Plan** from the federal Centers for Medicare & Medicaid Services. Department of Aging staff worked with staff at the Ohio Department of Medicaid, the Ohio Department of Developmental Disabilities and the Governor's Office of Health Transformation to develop the plan and collect public input. Ohio was just the third state in the nation to have its plan approved. The plan helps the state comply with new federal rules that require that home and community-based services, such as adult day health services, be provided in a home-like setting. Department of Aging staff worked with Ohio Department of Medicaid staff to define the key characteristics of the ideal setting and identify current service providers who do not currently meet the new guidelines. Staff at both agencies will provide technical assistance to providers to make the necessary changes.

Honoring Our Elders

Déjà vu Thinking: Older adults deserve respect and gratitude for giving back to the community in retirement.

Vujà dé Thinking: Our elders grow, thrive and contribute throughout their lives in meaningful ways that continue to move Ohio forward.

Since 1977, the Ohio Department of Aging has recognized outstanding older adults with induction into the **Ohio Senior Citizens Hall of Fame**. Today, the Hall of Fame illustrates the continuing and crucial role our elders play in our communities when they are given and take full advantage of opportunities to grow, thrive and contribute throughout their lives. In May, the hall welcomed 10 new members, including academic leaders in the fields of chemistry and mathematics, a behind-the-scenes icon in the music industry, an aviation pioneer, accomplished veterans, a leading advocate in the Asian-American community, and community leaders, including a 100-year-old nun who is just embarking on her latest philanthropic endeavor. The 2016 class was highlighted by Annie Glenn, wife to astronaut and U.S. Senator John Glenn, who has been a role model and advocate for millions with communicative disorders like stuttering.



Annie Glenn is inducted into the 2016 Ohio Senior Citizens Hall of Fame.

In Summary

American author Mark Twain perhaps best summed up the concepts behind vujà dé when he said: *“It ain’t what you don’t know that gets you into trouble. It’s what you know for sure that just ain’t so.”*

We’ve known for a long time that ours is a aging population, but what we didn’t count on was how much today’s generations of elders would change what aging means. The declinist view of aging has left the building. Getting caught up in what we think we know about aging only blinds us to the solutions and opportunities that matter most to today’s and tomorrow’s elders.

In the coming year, the Department of Aging and the ever-changing and expanding aging network will continue our work and our pledge to challenge negative views about aging and engage our partners in state government, local communities, businesses and beyond in vujà dé thinking. Then, we can have crucial conversations that ask “what if...” and “what else...” when it comes to serving, supporting and creating opportunities for our Golden Buckeyes to grow, thrive and contribute.

We are visiting Ohioans of all ages in communities around our state to emphasize the simple fact that: **“Aging. It’s Everybody’s Business.”** We hope you will join us!

The “Aging. It’s Everybody’s Business.” Pledge

- I pledge to challenge ageist views and negative stereotypes about aging wherever I see them;
- I pledge to make lifestyle changes that will decrease the likelihood of chronic disease and injury as I age;
- I pledge to help others understand that aging has both challenges and benefits at every stage of life;
- I pledge to remember that all Ohioans deserve opportunities to grow, thrive and contribute throughout their lifespans; and
- I pledge to make aging my business and challenge my community leaders, business owners, co-workers, family and friends to make aging their business, too!



Pledge to make aging your business!



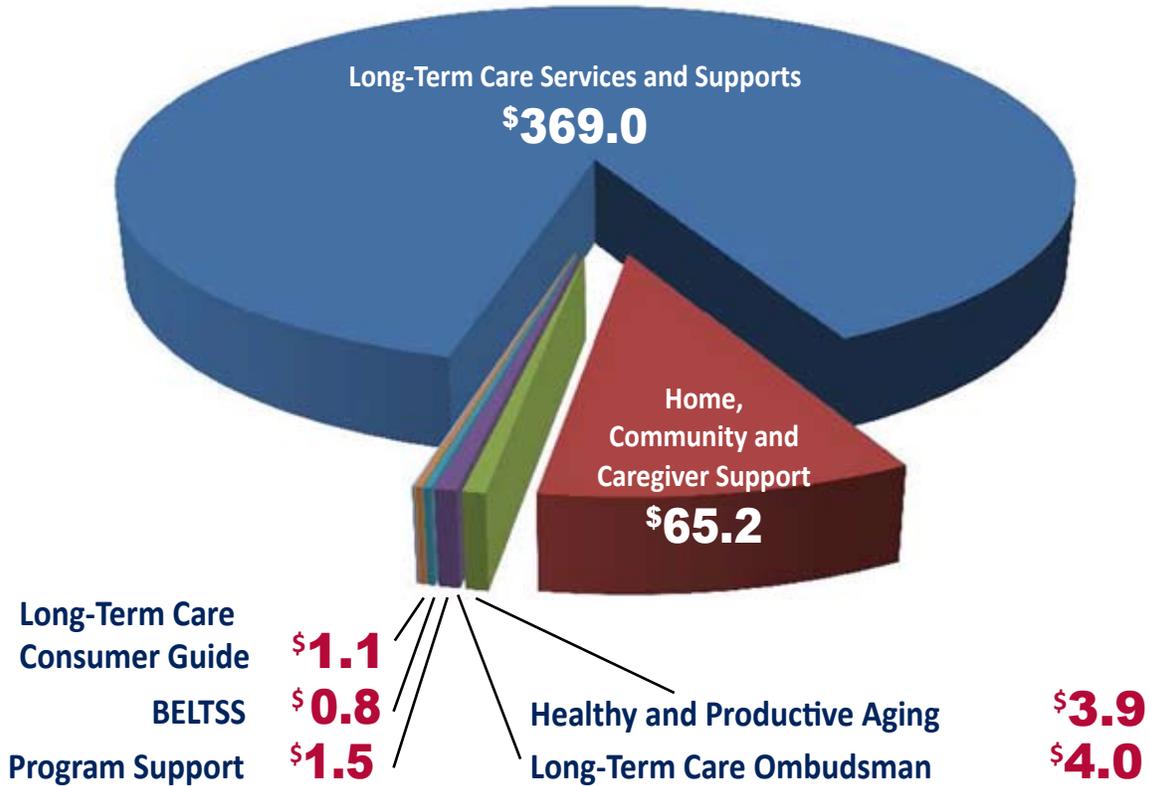
Coming soon to your community:

In April, Director Burman visited Harmar Elementary School and met with management at the Kroger store in Marietta, Ohio. Second graders, teachers, Kroger employees and others learned about the aging process and took the “Aging. It’s Everybody’s Business.” Pledge.

Expenditures SFY 2016

(Detail may not add to total due to rounding)

\$445.6 (in millions)



Program Budgets

SFY 2016

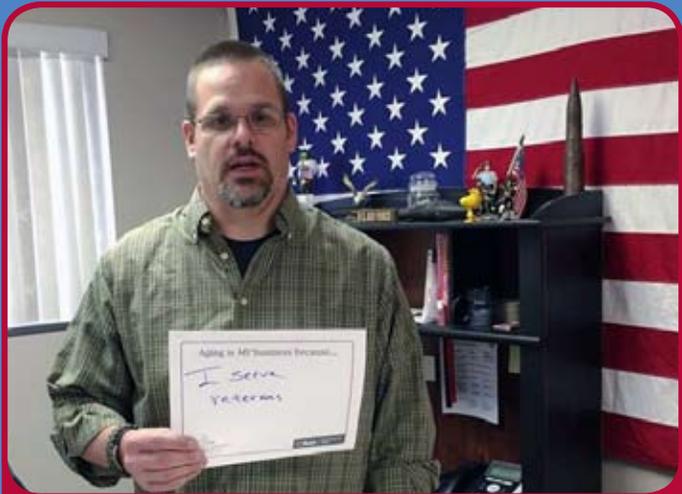
Long-term Care Services and Supports* (Medicaid)	\$ 369,025,671
Home, Community and Caregiver Support** (Older Americans Act / General Revenue)	65,246,327
Healthy and Productive Aging (Older Americans Act)	3,911,289
Long-term Care Ombudsman (Older Americans Act / General Revenue)	4,017,720
Program Support / Other (General Revenue)	1,467,473
Long-term Care Consumer Guide	1,070,951
BELTSS - Board of Executives of Long-Term Services and Supports	847,843

TOTAL

\$ 445,587,247

* Long-term Care Services and Supports is administered by the department. Funds are part of Medicaid line item in the Ohio Department of Medicaid's budget. Most low-income seniors with Medicare eligibility are required to enroll in MyCare Ohio. SFY 2015 was the first full year for MyCare Ohio which provides long-term care services and supports.

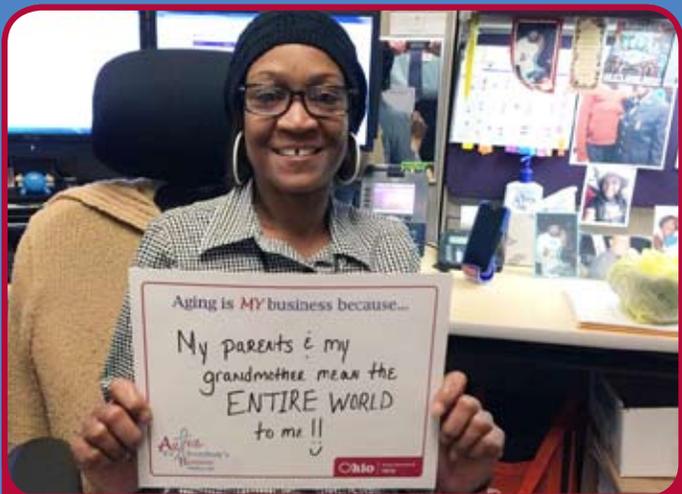
** Home, Community & Caregiver Support includes another \$54,539,074 in local funds, which do not pass through the department's budget.



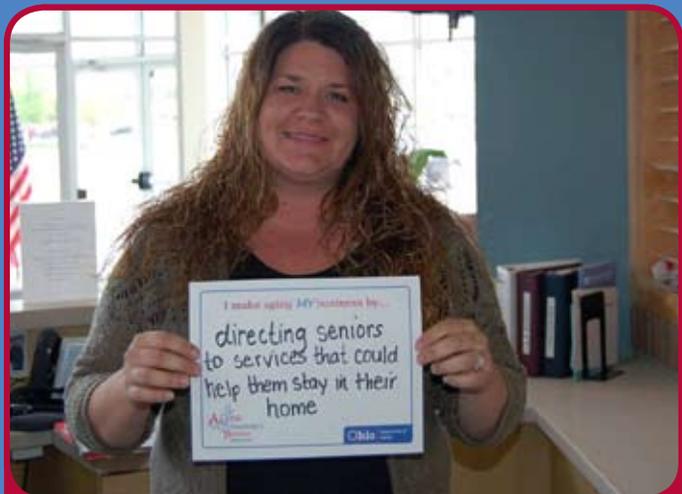
Area Agency on Aging,
Region 8



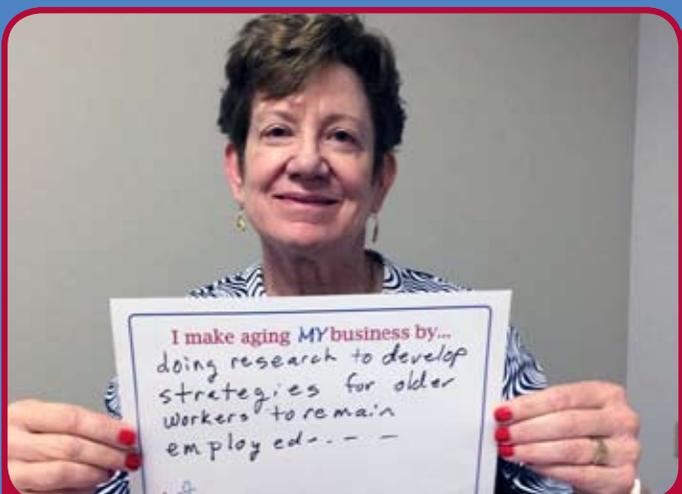
Julie,
Ohio Department of Aging



Shecola,
Ohio Department of Aging



Ohio District 5
Area Agency on Aging, Inc.



Phyllis,
Scrapps Gerontology Center

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