

*****DRAFT - NOT FOR FILING*****

173-4-07 **Nutrition education.**

(A) "Nutrition education" means a service that promotes better health by providing consumers or family caregivers with accurate and culturally-sensitive information and instruction on nutrition, physical activity, food safety, or disease prevention.

(B) In addition to complying with the mandatory clauses for provider agreements described in rule 173-3-06 of the Administrative Code, a nutrition education provider shall comply with the following requirements:

(1) In general:

(a) Education materials: The provider shall only furnish the service if the provider retains a record to show that the AAA's licensed dietitian determined that the educational materials that the provider plans to distribute:

(i) Are tailored to the consumers' needs, interests, and abilities, including literacy levels;

(ii) Contain accurate and relevant information; and,

(iii) Are written at an appropriate literacy level for the target population, with appropriate font sizes.

(b) Evaluation: The provider shall establish a methodology for evaluating the effectiveness of its nutrition education; but, the provider shall not utilize the methodology until the AAA's licensed dietitian has approved the methodology. The provider shall retain records of all the evaluations completed using this methodology for the period of time the AAA's contract with the provider requires.

(c) The provider shall offer to congregate meal programs, home-delivered meal programs, and providers of alternative meal programs (restaurants and supermarkets) one of the following three options:

(i) A nutrition education two times per year.

(ii) Nutrition counseling under rule 173-4-06 of the Administrative Code within an individual county.

(iii) A combination of paragraphs (B)(1)(c)(i) and (B)(1)(c)(ii) of this rule.

(2) Congregate meal programs:

(a) Group setting: If the provider furnishes the service through a congregate meal program, the provider shall do so in a group setting.

(b) Service verification: For each unit of service, the provider shall record each consumer's name (e.g., attendance sheet); the service date and duration of service; the educational topic; the service units; the instructor's name; and the instructor's signature.

(c) Instructor qualifications: The provider may only furnish the service if the AAA's licensed dietitian determines that the provider meets the minimum credentials for an instructor of nutrition education based upon regulations regarding the practice of dietetics found in Chapter 4759. of the Revised Code.

(3) Home-delivered meal programs and alternative meals-restaurants: For each service a provider furnishes through a home-delivered meal program or restaurant and grocery meal service, the provider shall retain a record to show the number of consumers who received the educational materials, the service date, the

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topic of the educational materials, and the provider's signature.

(C) Unit of service: A unit of nutrition education is one nutrition education session per consumer.