



OHIO NURSING HOME QUALITY IMPROVEMENT PROJECT

Reducing the Use of Antipsychotics in Skilled Nursing Facilities

Description

Reducing the use of antipsychotic medications in skilled nursing facility (SNF) residents has been a focus of providers, regulatory and payment agencies, and consumer advocates since 2011. Antipsychotic use in long-stay SNF populations is measured through quality measures (QM) developed by the Centers for Medicare and Medicaid Services (CMS) and endorsed by the National Quality Forum. Reduction in the usage of antipsychotic medications is a key element of the CMS 5-star SNF rating system.

This three-year project will include Reality Comprehension Clock Test (RCCT) Certification, a brain exercise curriculum and RCCT certification renewal each year. These educational offerings are coupled with education on non-medication behavior management, behavior management program implementation and mentoring skills to assure sustainability of the program at the facility beyond the term of this project. Additionally, onsite, telephone and Internet support throughout the project will empower participants to successfully implement their knowledge in behavior management techniques based on RCCT data and a wide variety of non-medication behavior interventions to reduce antipsychotic use.

The project will include:

1. Two-day kick-off educational session, March 15-16, 2017, and one-day educational sessions in March 2018 and March 2019;
2. 6.5 contact hours approved for Nurses, OTs, Social Workers & Activity Directors for the 2017 educational session, and 4.0 contact hours for each of the 2018 and 2019 educational sessions;
3. All support materials, i.e. books, DVDs, manuals, assessment documents; and
4. Ongoing monthly consulting by Diana Waugh, BSN, RN, CDP, Waugh Consulting, LLC, and Barbara Brock, Communication Art, Inc.

How to Join

Please contact Diana Waugh at (419) 351-7654 or dwaugh@accesstoledo.com. An online registration is available at <http://www.waughconsulting.info/GrantInformation.aspx>

Brief Description of Required Activities

- Register for the project through a Letter of Agreement signed by the SNF administrator;
- Enroll facility staff in educational program;
- Submit QM antipsychotic use data quarterly starting June, 2017 and ending March, 2019; and
- Interact with facility-specific consultant on a monthly basis.

Date(s) of Project Availability

- March 2017 to June 2019
- Registration for this project started Jan. 3, 2017 and is open to 40 SNFs in Northwest Ohio. See <http://waughconsulting.info/GrantInformation.aspx> to register.
- Deadline for registration January 17, 2017.

Evidence of Participation in the Project*

**Expected evidence of participation in the project should be kept by the nursing home for use in state survey to demonstrate compliance with Sec. 3721.072 (B) which states that "Beginning July 1, 2013, each nursing home shall participate every two years in at least one of the quality improvement projects included on the list made available by the department of aging under the nursing home quality initiative established under section 173.60 of the Revised Code."*

1. Copy of signed participation agreement;
2. Copy of certificate of completion of training; and
3. Copy of completed monthly consultant visit forms.

Relevant links

- Waugh Consulting, LLC, <http://waughconsulting.info/GrantInformation.aspx>
- Communication Art, Inc. <http://clocktestrcct.com/>

Contact:

Diana Waugh, BSN, RN, CDP
Project Leader
Waugh Consulting, LLC
419 351-7654
dwaugh@accesstoledo.com